

Lenten Adopt-A-Family

**The Food Program and Youth Ministry
join forces to help families in need.**

Would you be interested in adopting a family during the Lenten Season with your family, neighbors, or workplace? We will be helping families at an Inner City Catholic School that are in need of food.

The food should be non-perishable and uncooked to help fill their pantry. No frozen or perishable goods.

Suggested Items:

Cereal, Peanut Butter, Jelly, Soup, Rice, Sugar,
Canned meat or fish, crackers, pasta and sauce,
shampoo, soap, toothpaste/toothbrush,
plastic wraps, and paper goods.

If you are interested, please contact Meghan Cosgrove
at mcosgrove@cmoq.org or 410.464.4012.



Lenten Adopt-A-Family

Name _____

Email _____

Home Phone _____

___ Yes, my family would like to contribute **once a week** to bring a bag to be delivered to a family.

___ Yes, my family would like to contribute **once** during Lent. (Bring the food by Friday, March 26th.)

___ Yes, my family is joining with another family/group and would like to Adopt-A-Family.

___ I can drive to deliver the food items on Sunday, March 28th at 9:00am.

“Pray as a community,
Fast in solidarity with those that are hungry,
Give assistance to those in need, and **Learn**
about the joys and challenges of the world around you.”

Please return this form to Meghan Cosgrove
in the Parish Center by Friday, February 26th.